

Series: Life to the Full; *Sermon:* **The Bread of Life**

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Bible text explored: John 6:22–59

²²On the next day the crowd that remained on the other side of the sea saw that there had been only one boat there, and that Jesus had not entered the boat with his disciples, but that his disciples had gone away alone. ²³Other boats from Tiberias came near the place where they had eaten the bread after the Lord had given thanks. ²⁴So when the crowd saw that Jesus was not there, nor his disciples, they themselves got into the boats and went to Capernaum, seeking Jesus.

²⁵When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” ²⁶Jesus answered them, “Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal.” ²⁸Then they said to him, “What must we do, to be doing the works of God?” ²⁹Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” ³⁰So they said to him, “Then what sign do you do, that we may see and believe you? What work do you perform? ³¹Our fathers ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” ³²Jesus then said to them, “Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. ³³For the bread of God is he who comes down from heaven and gives life to the world.” ³⁴They said to him, “Sir, give us this bread always.”

³⁵Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. ³⁶But I said to you that you have seen me and yet do not believe. ³⁷All that the Father gives me will come to me, and whoever comes to me I will never cast out. ³⁸For I have come down from heaven, not to do my own will but the will of him who sent me. ³⁹And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. ⁴⁰For this is the will of my Father, that everyone who looks on the Son and believes in him should have eternal life, and I will raise him up on the last day.”

⁴¹So the Jews grumbled about him, because he said, “I am the bread that came down from heaven.” ⁴²They said, “Is not this Jesus, the son of Joseph, whose father and mother we know? How does he now say, ‘I have come down from heaven’?” ⁴³Jesus answered them, “Do not grumble among yourselves. ⁴⁴No one can come to me unless the Father who sent me draws him. And I will raise him up on the last day. ⁴⁵It is written in the Prophets, ‘And they will all be taught by God.’ Everyone who has heard and learned from the Father comes to me—⁴⁶not that anyone has seen the Father except he who is from God; he has seen the Father. ⁴⁷Truly, truly, I say to you, whoever believes has eternal life. ⁴⁸I am the bread of life. ⁴⁹Your fathers ate the manna in the wilderness, and they died. ⁵⁰This is the

bread that comes down from heaven, so that one may eat of it and not die. ⁵¹I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is my flesh.”

⁵²The Jews then disputed among themselves, saying, “How can this man give us his flesh to eat?” ⁵³So Jesus said to them, “Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ⁵⁴Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. ⁵⁵For my flesh is true food, and my blood is true drink. ⁵⁶Whoever feeds on my flesh and drinks my blood abides in me, and I in him. ⁵⁷As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. ⁵⁸This is the bread that came down from heaven, not like the bread the fathers ate, and died. Whoever feeds on this bread will live forever.” ⁵⁹Jesus said these things in the synagogue, as he taught at Capernaum. [ESV]

Review and application:

The setting: *Some of the huge crowd that had been fed bread realized that Jesus had slipped away. They rightly surmised that he had returned to Capernaum, which Jesus had made his home in Galilee. They caught up with him in the synagogue there (vv. 22-25 and 59).*

1. What perishable commodity (v. 26) did Jesus say his energetic pursuers were really after?
What significance (v. 33.) about his feeding of the 5,000 had they entirely missed?
2. On what (v. 27) did Jesus say they should be focusing?
What are some perishable benefits to which we end up devoting most of our energies?
3. What “works of God” (v. 28) do you think the questioners might have expected Jesus to require?
What do our contemporaries think of as actions meriting divine approval?
According to Jesus (v. 29), what is the single action required?
4. If we crave more to life than we are experiencing, what offer (v. 35) does Jesus extend to us?
How (v. 51) does this bread impart eternal life?
5. In what sense is Jesus’ flesh and blood (v. 55) true nourishment?
Why can we be confident that this paragraph is not about observing the Lord’s Supper?
6. How is bread more than fuel for our bodies? (See *Deut. 8:3.*)
If you aren’t experiencing the satisfaction of becoming more like Christ in holiness, are you daily “feeding on [him]”(v. 57) in God’s Word and through prayer?